

Name: _____

Class: _____

Body Image Disorders Webquest

Directions: Answer the questions below using the provided links.

1. <http://www.eatingdisorderfoundation.org/>

Find the "Learn More" tab on the main screen. Once you click on "Learn More" click on "About Eating Disorders." In your own words, define each of the following and list some symptoms (SCROLL DOWN):

	Definition	Signs/Symptoms
Anorexia Nervosa		
Bulimia Nervosa		
Binge Eating Disorder		

2. <http://www.anad.org/>

Under "Get Information" on the left side, click on "About Eating Disorders" then "Statistics".

At least _____ million people of all ages and genders suffer from an eating disorder in the U.S.

Every _____ minutes at least one person dies as a direct result from an eating disorder.

_____ % - _____ % of the risk of anorexia and bulimia is genetic.

_____ % of American adults suffer from binge eating disorder in their lifetime.

3. <http://www.nationaleatingdisorders.org/factors-may-contribute-eating-disorders>
Although there is no single known cause of eating disorders, several things may contribute to the development of these disorders. List one from each category.

4. <http://teens.webmd.com/understanding-eating-disorders-teens>
Start reading On page 2, answer the following questions in your own words:

How are eating disorders in teens treated?

Can eating disorders hurt my health?

5. <https://www.allianceforeatingdisorders.com>
Click on "Eating Disorder Info" and find "Debunking Eating Disorder Myths"

List 5 myths and what the truths really are.

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6. <https://www.nationaleatingdisorders.org/how-help-friend-eating-and-body-image-issues>

List the seven ways you can help a friend with an eating disorder

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Do people with eating disorders need professional help? _____

7. <http://www.allianceforeatingdisorders.com>
Click "Getting Help" from there find "Resources" and "Personal Stories."
Choose one story and answer the following questions.

Who is the story about?

When and why did the eating disorder start?

How did the person treat their eating disorder?